

## Fruit in Season in April

Rhubarb



## Vegetables in Season in April

Asparagus

Broccoli

Cabbage (Spring Green)

Cauliflower

Cucumber

Kale

Lettuce

Potatoes (Jersey Royal New Potatoes)

Purple Sprouting Broccoli

Radishes

Rocket

Samphire

Spring Onions

Watercress

Wild Nettles

## Herbs in Season in April

Basil

Chives

Dill

Sorrel

## Recipe Ideas / Notes

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