

Fruit in Season in June

Apricots
Blackcurrants
Cherries
Elderflower
Gooseberries

Nectarines
Raspberries
Rhubarb
Strawberries



Vegetables in Season in June

Asparagus
Aubergine
Broad Beans
Cabbage
Carrots
Chicory
Courgette
Cucumber

Fennel Bulbs
French Beans
Globe Artichoke
Lettuce - Curly & Lamb's
Mange Tout
New Potatoes
Onions
Pak Choi

Peas
Radish
Rocket
Spinach
Spring Onion
Tomatoes
Turnips
Watercress

Herbs in Season in June

Angelica

Mint

Chervil

Recipe Ideas / Notes

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