

## Fruit in Season in March

Rhubarb



## Vegetables in Season in March

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|----------------------------------|---------------------------|
| Cabbage (Savoy and Spring Green) | Leeks                     |
| Cauliflower                      | Parsnips                  |
| Celeriac                         | Potatoes (maincrop)       |
| Chicory                          | Purple Sprouting Broccoli |
| Jerusalem Artichoke              | Salsify                   |
| Kale                             | Shallots                  |
| Kohlrabi                         | Swede                     |

## Recipe Ideas / Notes

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